

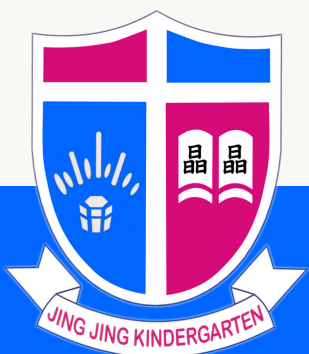
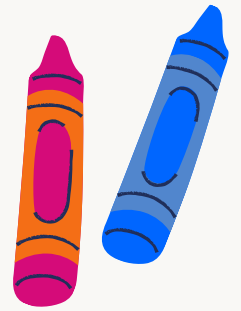
# PLAYGROUP CURRICULUM

**Circle time:** where discussions take place, interaction with peers and the teachers are facilitated, songs are learnt and stories enjoyed.

**Art & Craft:** we provide activities and opportunities for students to develop their imagination and to experiment and create through mediums such as paint, collage, sand, junk modelling, play dough, clay, corn starch and a host of wonderful "messy" activities.

**Music:** Our students are exposed not only to singing, but are introduced to musical instruments along with concepts such as rhythm, beat, fast, slow, loud, quiet, movement and time.

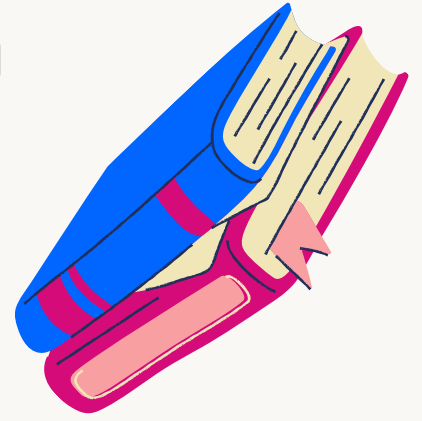
**Snack time:** this is an important area in a child's social development; our students are encouraged to make choices and participate independently. This is also an excellent introduction to the maths and science concepts needed for future life skills.



# NUSERY - K3 CURRICULUM

## Mandarin

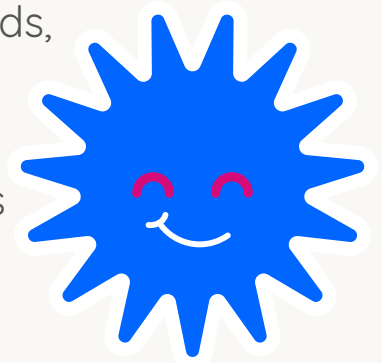
Mandarin is taught through a whole range of learning activities, including play, investigation, craft and topics. Children begin to learn to recognise some simple characters in our kindergarten classes. Our Mandarin teacher is a fully qualified and experienced teacher, with specialist training in second language teaching. Our Mandarin Curriculum is specifically designed for teaching Mandarin to children who are non-native speakers.



## Wellbeing program

Facilitated by a qualified Counsellor, Expressive/Sand Play Therapist and Kindergarten Teacher.

Our Program has a safe and engaging curriculum structure that incorporates a wide range of age-appropriate activities involving drawing, role-play, stories, discussion, playdough, music and journal writing. Each weekly session explores a concept theme such as, caring for my Feelings, helping hands, talking about feelings and making Good Choices.



Our program has flexibility to cater for participants with different learning needs or preferences. The learning processes reflect a deep respect for children's capacity to cope, problem-solve, make good choices, set realistic goals and connect with others. Such learning develops best in supportive social contexts with peers and a caring, skilled adult. Children's learning is documented in a personal 'Wellbeing' journal so that participants can re-visit their insights in the future.



# NUSERY - K3 CURRICULUM

## Music lessons

In addition to our students experiencing music through the day in their classrooms they will also have a weekly stand-alone lesson. These lessons allow our children opportunities to investigate music, such as which resources makes each sound and how can the sound be changed. It supports language development, confidence, self-esteem and motor skills while at the same time letting children express themselves. A key component of our program is to foster a love of music by encouraging our children to listen to different genres of music and to identify similarities and differences.



## Cookery lessons

The favourite part of the week for many of our students! Parents are often invited in to class to share their skills and family recipes. Educating children about cooking is at the cornerstone of good health. Learning to cook nutritious snacks and meals at school contributes to the long-term wellbeing of students.

Our hands-on cooking activities help children develop confidence and skill. Following recipes encourages children to be self-directed and independent. Fine motor and eye-hand coordination skills are developed by chopping, mixing, squeezing, and spreading. Cognitive Development is enhanced by children's thinking, problem-solving, and creativity. Cookery allows children the opportunity to use the knowledge they have and apply it by counting, measuring, following a sequence, following directions, and cause and effect linking it to all other areas, including Mathematics and Science,

And the best part is they get to take home their creations!



# NUSERY - K3 CURRICULUM

## **P.E. lessons**

Physical education is an integral part of our curriculum. We believe Physical activity has countless health benefits for children! Not only does exercise improve a child's overall health and fitness, but it can also help to improve their mental health and cognitive development as well. Our students have the opportunity for a weekly planned PE lesson either inside our campus or outside, where we utilise the outdoor area of local primary school.

